



Children's Behavioral Health
Collaborative



Connecting
Children and Families
with the Help They Need



putting
children
and
families
first

As a parent, you want what's best for your child.

But when a serious behavioral, emotional or mental health problem threatens your child's happiness and well-being, you may not have all the answers.

Through the Children's Behavioral Health Collaborative, you'll find compassionate, effective help for the challenges your family is facing.

A New and Better Way to Find the Right Services for Your Child

The Children's Behavioral Health Collaborative takes behavioral and mental health services to a new level in Palm Beach County by:

- Making it easier for families to get the help their children need
- Providing services and supports to help children succeed in school, at home and in the community
- Ensuring children and their families have access to an array of services to meet their individual needs
- Giving families a voice and a choice in setting goals, creating their support team and following the best course of action to help them be successful
- Improving communication and cooperation between parents, children and other family supports

The Collaborative was started by five established Palm Beach County service providers, each offering its own unique and effective approach to care and treatment. These organizations provide a variety of compassionate services to children of all ages, as well as counseling for parents.

As a parent, you can request services through the Collaborative by calling **561.366.9400**, or you can go through a referral agency. Either way, the Collaborative will work with you to develop a plan, identify and access services, and get the help you need to meet your family's goals.

The CBHC will help your family navigate the sometimes complex service system to find the right services for your child.

When your child is suffering, you want a straightforward, no-hassle way of getting the right help so he or she can get better.

The Children's Behavioral Health Collaborative is the place you can turn to for healing and hope.

The Children's Behavioral Health Collaborative can help children with a wide variety of problems, including:

- » **Attention Deficit/Hyperactivity Disorder (ADHD)**
- » **School Problems**
- » **Anxiety and Worry**
- » **Depression**
- » **Anger Management**
- » **Following Instructions**
- » **Peer Relationships**
- » **Phobias**
- » **Eating Disorders**
- » **High-Risk Behaviors such as Truancy, Substance Abuse and Self-Harm**
- » **Trauma: Abuse and Domestic Violence Significant Mental Health Challenges**
- » **Complicated Grief**
- » **Avoidant and Isolating Behaviors**
- » **Transition Struggles**



Contact Us Today!

To make an appointment or to learn more about the Children's Behavioral Health Collaborative, call **561.366.9400** or visit boystown.org/south-florida.

Children's Behavioral Health Collaborative partners include:



Boys Town South Florida
boystown.org/south-florida



Center for Child Counseling, Inc.
centerforchildcounseling.org



Families First of Palm Beach County
familiesfirstpbc.org



National Alliance on Mental Illness
of Palm Beach County, Inc.
namipbc.org



The Florida Atlantic University
Christine E. Lynn College of Nursing
Community Health Center
nursing.fau.edu



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All services are provided without regard to gender, race, creed or ethnic background.